

Senior Handicap Points

(last revised 8:04, 21/09/2026)

Name	Proj. Time	Race Time	Diff	Next Proj Time	2 Mins Max	Total Points	Runs	SB Time	SB Points	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep
Ann Ellmers	40:23	38:53	01:30	38:53	OK	385	9	38:53	40	45	35	33	40	40	50	40	45	50
Di Leckie	40:40	43:41	03:01	40:40	Exceed	373	8	40:40	30	40	45	35	50	50	45		50	28
Norma Leckie	46:12	46:31	00:19	46:17	OK	309	9	46:05	10	50	40	45	32	32	33	32	31	35
Joanne Carrington	37:57	39:53	01:56	38:26	OK	261	7	37:51	10	34	33	31	30	35	31	27		30
Barbara Reading	54:22	54:47	00:25	54:28	OK	252	9	52:39		35	31	30	29	28	29	29	35	34
Andy Weaver	29:47	30:26	00:39	29:57	OK	243	7	29:44	10	32	32		35	33	34	34		33
Pam Hemingway	52:24	54:58	02:34	52:24	Exceed	226	5	52:06			1	50	25	34	32	25	30	29
Lizzy Hiner	45:47	46:34	00:47	45:59	OK	213	6	45:24			1	1	27	45	40	35	32	32
Trevor Hufford	39:40			00:00	OK	207	5	39:40	10		34	32	33	27	26	45		
Diane Hufford	44:13			00:00	OK	191	6	43:25			30	40	28	29		31	33	
Maurice Hemingway	36:49			00:00	OK	185	6	36:43		31	29		24		28	33	40	
Laura Cottrell	35:26	34:39	00:47	34:39	OK	172	5	34:39	10				27	30	30	30		45
Caroline Freeman	34:32	34:10	00:22	34:10	OK	161	4	34:10					1	1	35	50	34	40
Katie Rush	39:45			00:00	OK	131	4	39:00		33			45	26	27			
Dawn Donaldson	37:00			00:00	OK	95	3	36:29			1	1	34	31		28		
Janice Barnes	59:27			00:00	OK	89	1	59:27		30	28		31					
Ben Goddard	32:36			00:00	OK	84	2	32:36			50	34						
Simon Green	32:57	34:47	01:50	33:25	OK	82	1	34:47						25		26		31
Pip Shoobert	47:55			00:00	OK	78	0	52:21			26	29		23				
Helen Leach	35:41			00:00	OK	27	0	42:55			27							
Wayne Bailey	34:11			00:00	OK	25	0	42:56			25							
Jessica Heaford	37:22			00:00	OK	24	0	43:18						24				
Susan Hunter	48:47	46:03	02:44	46:03	OK	0	0	46:03									1	1
Phil Redden	42:46	42:46	00:00	42:46	OK	1	0	42:46										1

Score Runs :

Green Box = Eligible for SB Bonuses

Red Box = Best 8 to count

1 - Resetting Times

Underlined - can't count towards SB runs count

SB Points :

Yellow box = This month SB Bonus added